

H E E L S _v S T I E S

CHA₂DS₂-Vasc Score

Give yourself one point for each condition that you might have:

1. Heart failure 1. _____
2. Hypertension 2. _____
3. Older than sixty-five years 3. _____
 - a. (two points if older than seventy-five years)
4. Diabetes 4. _____
5. Vascular disease 5. _____
 - a. (prior heart attack, atherosclerosis, or PVD)
6. Female 6. _____
7. Stroke ____ (two points) 7. _____

Add the total points.

My score is _____

If you have AF and your CHA₂DS₂-Vasc Score is two or greater than two, you are at risk for stroke; therefore, a medication that helps prevent blood from clotting is recommended. Aspirin[®] and other antiplatelet therapies are not the right choice to prevent stroke if you have AF. Talk to your doctor about alternatives of therapy, these medications include: vitamin K antagonists (e.g. Warfarin) and all the new Novel Oral Anticoagulants (NOAC's) such as Apixaban (Eliquis[®]), dabigatran (Pradaxa[®]), edoxaban (Savaysa[®]), rivaroxaban (Xarelto[®]).